



# FEBRUARY | 2020

## Valley View High School

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3 Chicken Nuggets  
Mashed Potatoes  
Corn  
Choice of Fruit  
Milk

4 Buffalo Chicken Soup  
Turkey Sandwich  
Celery Salad  
Steamed Carrots  
Choice of Fruit  
Milk

5 Hot Dog  
Baked Beans  
Garden Salad  
Choice of Fruit  
Milk

6 Soft Taco  
Black Beans and Rice  
Fresh Vegetable Toppings  
Choice of Fruit  
Milk

7 Fish Sandwich  
Steamed Broccoli  
Tater Tots  
Choice of Fruit  
Milk

Potato Bowl

Build Your Own Sub Day!!!

Chili Spaghetti

Chicken Enchiladas

Pizza

10 Chicken Fingers  
Mashed Potatoes  
Corn  
Choice of Fruit  
Milk

11 Chicken Noodle Soup  
PB&J  
Crunchy Romaine Toss  
Carrot Sticks  
Choice of Fruit  
Milk

12 Hamburger  
Fresh Vegetable Toppings  
Steamed Broccoli and Carrots  
Choice of Fruit  
Milk

13 Chicken Fajita  
Lettuce Tomato Cheese  
Refried Beans  
Mexican Rice  
Choice of Fruit  
Milk

1 PROFESSIONAL  
DEVELOPMENT



Salisbury Steak

Spicy Chicken Sandwich

General Tso's Chicken w/ Rice

Walking Taco's



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18 Grilled Cheese  
Tomato Soup  
Pea Salad  
Choice of Fruit  
Milk

19 Italian Spaghetti  
Spinach and Tomato Salad  
Garlic Bread  
Choice of Fruit  
Milk

20 BRUNCH  
FOR  
LUNCH!!!

21 Fish Sticks  
Mac N Cheese  
Carrots and Dip  
Choice of Fruit  
Milk

Meatball Sub

Chicken Alfredo

PIZZA

24 Chicken Nuggets  
Mashed potatoes  
Corn  
Choice of Fruit  
Milk

25 Broccoli Cheddar Soup  
Hot Ham and Cheese  
Carrot Salad  
Choice of Fruit  
Milk

26 Chicken Sandwich  
Cesar Salad  
Steamed Broccoli  
Choice of Fruit  
Milk

27 Taco  
Fresh Veggie Toppings  
Black Beans and Rice  
Choice of Fruit  
Milk

28 Fish Sandwich  
Curly Fries  
Seasoned Green Beans  
Choice of Fruit  
Milk

Country Fried Steak

Italian Panini

Lasagna

Pollo Loco  
(Mexican Chicken w/ Rice)

PIZZA

### News

Breakfast \$1.75  
Reduced .30  
Lunch \$2.65/\$3.15  
Reduced .40

USDA IS AN EQUAL  
OPPORTUNITY  
EMPLOYER AND  
PROVIDER.

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